# **Drugs in Endocrine Diseases**

## Duration: 4 weeks (20 days)

| Topic/ Concept   | Objectives   |   | T/L<br>activity | Dept.        | Comments  |  |
|--|--|---|-----------------|--------------|---|--|
|  | Student should be able to,   |   |                 |              |   |  |
| 3/SBM-05/1<br>ECF volume<br>i) Volume regulation in<br>oedematous conditions | <ol> <li>Correlate clinical conditions leading to formation of oedema,<br/>in relation to:         <ul> <li>Abnormal leakage of fluid from the capillaries</li> <li>Failure in return of fluid from capillaries</li> </ul> </li> <li>Describe the effects of adding solutions, in different tonicity,<br/>to the ECF</li> <li>Describe the mechanisms involved in controlling ECF<br/>(Dehydration and Loss of blood or plasma)</li> <li>Recall the compensatory mechanism in hypovolaemic<br/>shock</li> <li>Describe the effects of hypovolaemic shock and grade<br/>hypovolaemic shock in relation to body responses</li> </ol> | 1 | Lecture         | Medicine     | Prof. UI agreed this lecture should be<br>done by Medicine Department |  |
| 3/SBM-05/2<br>Electrolyte imbalance  | <ol> <li>Recall the mechanisms involved in the transport of<br/>electrolytes in- between the fluid compartments.</li> <li>Correlate Potassium, Sodium and Calcium</li> <li>homeostasis in relation to clinical problems</li> </ol>   | 1 | Lecture         | Anaesthesia  | Department of Anaesthesialogy<br>will do this lecture for medicine    |  |
| 3/SBM-05/3<br>Acidosis and alkalosis   | <ol> <li>Recall the principles of Acid base balance</li> <li>Relate metabolic derangements with acid base disorders</li> <li>Describe how compensatory mechanisms function in these disorders</li> </ol>   | 1 | Lecture         | Anaesthesia  |   |  |
| 3/SBM-05/4<br>Measurement of pCO2, pH,<br>Std HCO3, base deficit             | <ol> <li>Recall acid base disorders with biochemical parameters</li> <li>Interpret arterial blood gas analysis results in relation to acid base disorders</li> <li>Explain the anion gap and its clinical importance</li> </ol>  | 1 | Lecture         | Anaesthesia  | Will be doing after revising the objectives                           |  |
| 3/SBM-05/5<br>Types and basis of clinical uses<br>of diuretics               | <ol> <li>Classify diuretics on the basis of mechanism of action and<br/>efficacy</li> <li>Describe the mechanism of action,<br/>pharmacokinetics, adverse effects and clinical uses of<br/>diuretics</li> </ol>  | 1 | Lecture         | Pharmacology |   |  |

| 3/SBM-05/6<br>Control of body temperature<br>and actions of antipyretics  | <ol> <li>Recall the mechanisms involved in the pathogenesis of fever</li> <li>List the drugs used as antipyretics</li> <li>Describe the mechanism of action,</li> <li>pharmacokinetics and adverse effects of antipyretic drugs</li> </ol>  | 1             | Lecture                                    | Pharmacology |  |
|---|---|---------------|--|--------------|--|
| 3/SBM-05/7<br>Enzymatic defects and<br>receptor abnormalities Incl.<br>signal transduction related to<br>endocrine diseases | <ol> <li>Recall the role of receptors and signal transduction in<br/>endocrine function</li> <li>Describe how hormone resistance develops</li> <li>Describe how abnormalities in receptors and signal<br/>transduction result in endocrine disorders</li> <li>Describe how enzyme defects result in endocrine disorders</li> </ol>  | 1             | Lecture                                    | Biochemistry |  |
| 3/SBM-05/8<br>Thyroxine and antithyroid<br>drugs  | <ol> <li>Recall the steps in the synthesis and secretion of thyroid<br/>hormones</li> <li>Recall the physiological effects of thyroid hormones</li> <li>Describe the pharmacokinetics of thyroxine</li> <li>Explain the principles underlying replacement therapy and<br/>suppressive therapy with thyroxine</li> <li>Describe the mechanism of action, pharmacokinetics and<br/>adverse effects of antithyroid drugs</li> </ol>  | 1             | Lecture                                    | Pharmacology |  |
| 3/SBM-05/9<br>Antidiabetic drugs  | <ol> <li>Recall the mechanism of insulin secretion and its regulation         <ul> <li>b. List the classes of antidiabetic drugs</li> <li>c. Describe the mechanism of action, pharmacokinetics, adverse effects of antidiabetic drugs</li> </ul> </li> <li>List the different types / formulations of insulins and state their duration of action</li> <li>Describe the principles underlying the manufacture and storage of insulins</li> <li>Explain the principles underlying the use of antidiabetic drugs during acute metabolic complications such as ketoacidosis, pregnancy, severe illness and surgery</li> </ol> | 1+1+2<br>(4h) | 2-hr<br>sessions &<br>2hrs for<br>tutorial | Pharmacology |  |

| 3/SBM-05/10             | 1. Recall the physiological effects of adrenocortical steroids  | 1 | Lecture | Pharmacology |  |
|-------------------------|---|---|---------|--------------|--|
| Glucocorticoid and      | 2. Describe the anti-inflammatory and immunosuppressive         |   |         |              |  |
| Mineralocorticoid drugs | effects of glucocorticoids                                      |   |         |              |  |
|                         | 3. Compare the relative potency, glucocorticoid /               |   |         |              |  |
|                         | mineralocorticod activity and duration of action of commonly    |   |         |              |  |
|                         | available steroid drugs   |   |         |              |  |
|                         | 4. List the clinical uses and adverse effects of glucocorticoid |   |         |              |  |
|                         | drugs   |   |         |              |  |
|                         | 5. Explain the principles underlying replacement therapy in     |   |         |              |  |
|                         | adrenocortical insufficiency                                    |   |         |              |  |
|                         | 6. Describe the precautions that can be taken to minimize the   |   |         |              |  |
|                         | adverse effects of long-term steroid therapy                    |   |         |              |  |
|                         |   |   |         |              |  |

### <u>Pharmacology - I (Year 3 – Semester 1)</u> <u>Module Summary</u>

|              | Lectures (hrs) | PD (hrs) | Staff Seminar<br>(hrs) | Museum class<br>(hrs) | Tutorial<br>(hrs) | Total<br>(hrs) |
|--------------|----------------|----------|------------------------|-----------------------|-------------------|----------------|
| Pharmacology | 20             |          |                        |                       | 2                 | 22             |
| Medicine     | 1              |          | 2                      |                       |                   |                |
| Radiology    |                |          |                        |                       |                   | 3              |
| Pathology    |                |          |                        |                       |                   |                |
| Anaesthesia  | 5              |          |                        |                       |                   | 5              |
| Biochemistry | 1              |          |                        |                       |                   | 1              |
| Total        | 27             |          | 2                      |                       | 2                 | 31             |

### Names and the departments of the teachers involved in the teaching programme

**Dept. of Biochemistry** 

Prof. R. Sivakanesan

**Dept. of Pharmacology** 

Dr U Dangahadeniya

### **Dept. of Medicine**

Prof. N. Senanayake Dr. C. Jayasinghe Dr. I.B. Gawarammana Dr T Jayalath Dr A Medagama

Dept. of Anaesthesiology Prof. C.D.A. Goonasekera Dr. V Pinto

Radiology Dr. B. Hewavithana

Dept. of Paediatrics Prof. C.K. Abeysekera Dr R Mudiyanse

<u>NMU</u> Dr. L. Watawana Dr D K K Nanayakkara